



**October 2019
MENU**

MONDAY	Tuesday	Wednesday	Thursday	Friday
	10/1/19 Cereal, Peaches, Milk Chicken Pot Pie, Glazed Carrots, Milk NutriGrain bar & 100% Fruit Juice	10/2/19 French Toast, Peaches, Milk Salisbury Steak, Rice, Green Peas, Milk Goldfish Crackers & 100% Fruit Juice	10/3/19 Muffins, Applesauce, Milk Turkey & Cheese Croissant, Carrots, Mixed Fruit, Milk Chocolate Chip Cookie & 100% Fruit Juice	10/4/19 Chicken Biscuit, Mandarin Oranges, Milk Fish Sticks, French Fries, Diced Peas, Roll, Milk Granola Bar & 100% Fruit Juice
10/7/19 Waffles, Pears, Milk Beef Burger, French Fries, Peas & Carrots, Pineapples, Milk Cheese and Crackers & 100% Fruit Juice	10/8/19 French Toast Sticks, Applesauce, Milk Chicken Noodle Soup, Grilled Cheese Sandwiches, Mandarin Oranges, Sweet Peas, Milk Honey Grahams & 100% Fruit Juice	10/9/19 Cereal, Mixed Fruit, Milk Spaghetti, Green Beans, Mandarin Oranges, Milk Rice Krispy Treat & 100% Fruit Juice	10/10/19 Muffins, Pears, Milk Sliced Turkey & Gravy, Mashed Potatoes, Glazed Carrots, Milk Chex Mix & 100% Fruit Juice	10/11/19 Sausage Biscuit, Mixed Fruit, Milk Chicken Tenders, Fries, Broccoli, Sliced Apple Rings, Roll, Milk Granola Bar & 100% Fruit Juice
10/14/19 Grits, Peaches, Milk Pizza, Mixed Vegetables, Pineapples, Milk Cheez-It Crackers & 100% Fruit Juice	<p style="font-size: 2em; font-weight: bold;">Center Closed</p>	10/16/19 Waffles/Pancakes, Pears, Milk Chicken Tenders, Fries, Apples, Milk Assorted Snack & 100% Fruit Juice	10/17/19 Cereal, Mixed Fruit, Milk Cheeseburger Macaroni, Green Beans, Pears, Milk Pretzels & 100% Fruit Juice	10/18/19 Grits, Pineapples, Milk Turkey Burger, Fries, Carrots, Mixed Fruit, Milk NutriGrain bars & 100% Fruit Juice
10/21/19 Chicken Biscuit, Mandarin Oranges, Milk Chicken Nuggets, Baked Beans, Mandarin Oranges, Roll, Milk Goldfish Crackers & 100% Fruit Juice	10/22/19 Cereal, Peaches, Milk Chicken Pot Pie, Glazed Carrots, Mixed Fruit, Milk NutriGrain bar & 100% Fruit Juice	10/23/19 French Toast, Peaches, Milk Salisbury Steak, Rice, Green Peas, Pineapple, Milk Goldfish Crackers & 100% Fruit Juice	10/24/19 Chicken Biscuit, Applesauce, Milk Turkey Sandwich, Carrots, Mixed Fruit, Milk Chocolate Chip Cookie & 100% Fruit Juice	10/25/19 Sausage Biscuit, Mandarin Oranges, Milk Fish Sticks, French Fries, Diced Peas, Roll, Milk Granola Bar & 100% Fruit Juice
10/28/19 Waffles/ Pancakes, Pears, Milk Turkey Spaghetti, Peas, Carrots, Pineapple, Roll, Milk Cheese and Crackers & 100% Fruit Juice	10/29/19	10/30/19	10/31/19	

- 100% Whole Milk is served with breakfast and lunch every day for 1 yr. olds!
- 1% Milk is served with breakfast and lunch every day for ages 2 and up!
- All Juice is 100% Fruit Juice
- Assorted Snacks: Graham Crackers, Pretzels, Cheese Crackers, Animal Crackers or Granola Bars
- Children 3 & under may not be served: peanuts, hot dogs, raw carrots, popcorn and fish w/ bones.
- PEANUT FREE ENVIRONMENT!
- Please provide substitutions if your child has allergies or dietary preferences.